

# MSU Extension Online Resources for Our Northern Michigan Community

MSU Extension Remote Learning & Resources Website - Click Here!

MSU Extension provides unbiased analysis on Michigan's statewide ballot proposals; learn what a YES and NO vote means and its impact, or attend an online forum to ask questions *HERE* 

### ONLINE PROGRAMMING:

Maintaining Health During Challenging Times

**Emergency Preparedness & Food Safety** 

**Cooking for Crowds-Safely** 

Food Safety @ the Food Pantry

**Preserving Your Harvest** 

11/5: Pumpkin & Squash

**Kid Friendly Fruits & Veggies** 

**Mindfulness Series** 

**Enjoy the Holidays on a Budget** 

For Parents of Young Children

11/3: Positive Discipline

For Youth

**Wild Spartans Series** 

Investigating Food with

**Science** 

Flour Tortilla Making 101

**Babysitting Training** 

**Budding Bookworms** 

**MI Youth Fall-A-Thon** 

**Home Alone Safely** 

Online Homebuyer Educational Sessions

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### Health, Wellness & Relationships

Metabolic Syndrome: conditions that increase your risk for diseases
Start taking small steps to take charge of your health and finances
Handwashing: Reinforce proper handwashing with children
Ultimate Identity Theft: protect your deceased loved one's information

### **Food & Nutrition**

How to choose and use healthy cooking oils

Vegetable Database: Nutrition benefits, selection and storage

Preserving soups can provide quick, hot meals for cold days

Try a new fall food recipe:

Beet Butternut Squash Salad Three Sisters Soup

Pumpkin Cookie Dough Bites Squash Soup

Roasted Brussels Sprouts with Garlic How to Roast Vegetables

### Youth Wellness & Learning

Educational resources for parents, teachers and homeschool families

Potato Maze: learn what plants can overcome to find the light they need

Put Halloween candy to educational use!

Parent Education: support for parents and caregivers

Empower <u>young entrepreneurs</u> and grow your local economy

### **Community Resources**

Connect with Nature: "Conservation Talk Tuesdays" this fall

Gardening in Michigan Online Learning Opportunities

First steps for building a <u>commercial kitchen</u> at home or on the farm

### Connect online for more programs and resources

MSU Extension Online Events Schedule

Grand Traverse County MSU Extension Website & FaceBook Page

Updated 10-29-2020



## **JOIN US ONLINE!**

Food Safety Online Workshops
Register in advance for these FREE workshops.
No Internet? No Problem! Workshops are available by phone.

Food Safety Q&A - Nov. 2nd-1p.m. EDT Making Jerky Venison

Investigating Food with Science - Nov. 4th - 4 p.m. EDT
How Does Grass Turn Into Milk!

Pantry Food Safety It's Your Job- Nov. 4th - 6 p.m. EDT Food safety training for volunteers & staff in food banks and pantries.

Preserving Your Harvest - Nov. 5th - 1 p.m. & 6 p.m. EDT Pumpkin and Squash-Not Just for Decorations

Be Food Safe and Ready For Emergencies Nov. 6th - 12 p.m. EDT Severe Weather Events

Safe Food = Healthy Kids - Nov. 7th - 9 a.m. EDT An interactive food safety training for child care providers

To Learn More Visit www.canr.msu.edu/foodpreservation/events To listen by phone: Call in advance to register - 877-643-9882

# October - December 2020 Homebuyer Webinar Schedule

This homeownership seminar from MSU Extension will provide you with valuable information about the home buying process, and will teach you:

- The advantages of homeownership
- The steps in the home buying process
- The costs of homeownership
- The importance of good credit
- How to determine how much house you can afford
- Mortgage loan basics
- How to maintain your investment
- Certificate of completion good for one year

Completing the course and returning required paperwork fulfills the requirements for certificate of completion. This certificate can be shared with your mortgage loan officer to satisfy the homebuyer education requirement for MSHDA loans and down payment assistance, USDA Rural Development loans and many other lenders.

November 5	9 a.m. to 1 p.m. ET	Brenda Long <u>longbr@msu.edu</u>
November 10 & 12	5:30pm to 7:30pm ET	Beth Martinez mart1751@msu.edu
November 17 & 19	5:30pm to 7:30pm ET	Nancy Latham <u>lathamn@msu.edu</u>
November 23	9 a.m. to 1 p.m. ET	Teagen Lefere leferete@msu.edu
December 3	·	Beth Martinez <u>mart1751@msu.edu</u>
December 10	9 a.m. to 1 p.m. ET	Brenda Long <u>longbr@msu.edu</u>
December 15 & 17	5:30pm to 7:30pm ET	Beth Martinez mart1751@msu.edu

Webinar Pre-Registration is required.

Click the link or go to mimoneyhealth.org

Under Events, find the complete Events calendar!

Cost: \$25 (To request a scholarship based on financial need, contact the instructor beow to see if you meet the income criteria.)

Prefer a self-paced online class? Go to www.ehomeamerica.org/msue and choose the Homebuyer Education Course. It is available in English or Spanish and has a fee (this fee is not waived). Coupon code is MSUE10. It provides a certificate of completion when finished.



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